



731-336-7856

http://www.takeout2unow.com

# Scenic City Smoothie TNZ

## Smoothies

- Chocolate High Protein Smoothie  
High protein almond milk, banana, protein, peanut butter, cacao  
16oz Chocolate High Protein Smoothie \$8.75  
24 oz Chocolate High Protein Smoothie \$11.25  
32 oz Chocolate High Protein Smoothie \$13.75

### Cookies & Cream High Protein Smoothie

- High protein almond milk, banana, protein, almond butter, cacao nibs  
16 oz Cookies & Cream High Protein Smoothie \$8.75  
24 oz Cookies & Cream High Protein Smoothie \$11.25  
32 oz Cookies & Cream High Protein Smoothie \$13.75

### Banana Mango Smoothie

- Mango, Banana, Coconut Nectar, Almond Milk, Ice  
16 oz Banana Mango Smoothie \$8.75  
24 oz Banana Mango Smoothie \$11.25  
32 oz Banana Mango Smoothie \$13.75

### Choc Banana-Split Smoothie

- Coconut Milk, Cacao, Cacao Nibs, Banana, Ice, Date Paste  
16 oz Choc Banana-Split Smoothie \$8.75  
24 oz Choc Banana-Split Smoothie \$11.25  
32 oz Choc Banana-Split Smoothie \$13.75

### Green Glow Smoothie

- Coconut Water, Mango, Kale, Ginger, Ice Coconut Nectar  
16 oz Green Glow Smoothie \$8.75  
24 oz Green Glow Smoothie \$11.25  
32 oz Green Glow Smoothie \$13.75

### Vanilla Tropics Smoothie

- Coconut Milk, Banana, Pineapple, Protein Powder, Ice, Date Paste  
16 oz Vanilla Tropics Smoothie \$8.75  
24 oz Vanilla Tropics Smoothie \$11.25  
32 oz Vanilla Tropics Smoothie \$13.75

### Berry Bliss Smoothie

- Almond Milk, Strawberries, Goji Berries, Ice, Coconut Nectar, Chia Seeds  
16 oz Berry Bliss Smoothie \$8.75  
24 oz Berry Bliss Smoothie \$11.25  
32 oz Berry Bliss Smoothie \$13.75

### Wake -Me-Up Smoothie

- Espresso, Banana, Cacao, Almond Milk, Ice, Date Paste, Almond Butter, Oats  
16 oz Wake -Me-Up Smoothie \$8.75  
24 oz Wake -Me-Up Smoothie \$11.25  
32 oz Wake -Me-Up Smoothie \$13.75

## Sorbet Ice Cream

Choice of STRAWBERRY DRAGON  
FRUITMOCHA JAVA HIGH  
PROTEINORANGE

CREAMSICLECHOCOLATE (CA CAO)  
CottonCandy, Blue Hawaiian or Key

- Lime  
4 oz Sorbet Ice Cream \$4.39  
6 oz Sorbet Ice Cream \$6.25

## Juices

Make it a slushie for \$0.65 more

### Pear-Fect Juice

- Pear, Cucumber, Ginger, Lemon  
16 oz Pear-Fect Juice \$10.00  
24 oz Pear-Fect Juice \$12.50

### Dragon Dreams Juice

- Dragon Fruit, Green Bean, Coffee, Water, Pineapple, Grapes, Ice  
16 oz Dragon Dreams Juice \$10.00  
24 oz Dragon Dreams Juice \$12.50

### Melon Magic Juice

- Watermelon, Ginger, Lemon, Mint, Ice  
16 oz Melon Magic Juice \$10.00  
24 oz Melon Magic Juice \$12.50

### Honey Apple Crisp

- Lemon, Apple, Ginger, Pear  
16 oz Honey Apple Crisp Juice \$10.00  
24 oz Honey Apple Crisp Juice \$12.50

### Immune Booster Juice

- Carrot, Pineapple, Orange, Tumeric, Honey  
16 oz Immune Booster Juice \$10.00  
24 oz Immune Booster Juice \$12.50

### Island Paradise Juice

- Pineapple, Apple, Orange  
16 oz Island Paradise Juice \$10.00  
24 oz Island Paradise Juice \$12.50

### Sweet Citrus Juice

- Pear, Orange, Pineapple  
16 oz Sweet Citrus Juice \$10.00  
24 oz Sweet Citrus Juice \$12.50

### Zest-Me Juice

- Grapefruit, Orange, Lemon  
16 oz Zest-Me Juice \$10.00  
24 oz Zest-Me Juice \$12.50

### Tropical Pine Juice

- Pineapple, Coconut Water, Honey, Lime  
16 oz Tropical Pine Juice \$10.00  
24 oz Tropical Pine Juice \$12.50

## Wellness Shots

2oz

- Digest Wellness Shot \$5.00  
Brain Boost Wellness Shot \$5.00  
Cleanse Wellness Shot \$5.00  
Purify Wellness Shot \$5.00  
The Cure Wellness Shot \$5.00

## Frappuccino

Choice of Original, Mocha, Vanilla,  
Caribbean, caramel or toasted  
marshmallow

- 16 oz Frappuccino \$5.00  
24 oz Frappuccino \$6.25

## Cold/Nitro Brew

- 16 oz Cold Brew Concentrate \$4.39  
24 oz Cold Brew Concentrate \$5.65  
16 oz Death Wish Cold Brew \$4.39  
24 oz Death Wish Cold Brew \$5.65  
16 oz Nitro Brew Concentrate \$5.00  
24 oz Nitro Brew Concentrate \$6.25  
16 oz Iced Cold Brew Latte \$5.25  
Coconut Milk, 3 Pumps of Syrup of your choice, Ice  
24 oz Iced Cold Brew Latte \$6.55  
Coconut Milk, 3 Pumps of Syrup of your choice, Ice  
16 oz Nitro Brew Latte \$5.89  
Coconut Milk, 3 Pumps of Syrup of your choice, Ice  
24 oz Nitro Brew Latte \$7.15  
Coconut Milk, 3 Pumps of Syrup of your choice, Ice

## Coffee

12 oz Cup Contains 728mg of Caffeine  
and 16 oz Cup contains 970 mg of  
Caffeine Add Skinny Syrup: 3 Pumps  
for \$0.65 (click for choices). 0 Calories  
and 0 Sugar.

### Caribbean Latte

- Coconut Milk, Coconut Whipped Cream  
12 oz Caribbean Latte \$4.39  
16 oz Caribbean Latte \$5.65

### Caribbean Coconut Latte

- Coconut Milk, Coconut Whipped Cream  
12 oz Caribbean Coconut Latte \$4.39  
16 oz Caribbean Coconut Latte \$5.65

### Hot Tea Latte

- 12 oz Hot Tea Latte \$4.39  
16 oz Hot Tea Latte \$5.65

### Black Rifle Latte

- Coconut Milk, Coconut Whipped Cream  
12 oz Black Rifle Latte \$4.39  
16 oz Black Rifle Latte \$5.65

### Death Wish Latte

- Warning: Contains High Caffeine Content  
12 oz Death Wish Latte \$4.39  
16oz Death Wish Latte \$5.65

## Kids Menu

- 16 oz Orange Juice \$10.00  
Freshly Juiced from Real Oranges  
16 oz Apple Juice \$10.00  
Freshly Juiced from Granny Smith Apples  
16 oz Pineapple Juice \$10.00  
Freshly Juiced from Real

Nutty Berry Smoothie

Almond Milk, Banana, Peanut Butter, Blueberries, Ice, Coconut Nectar  
16 oz Nutty Berry Smoothie \$8.75  
24 oz Nutty Berry Smoothie \$11.25  
32 oz Nutty Berry Smoothie \$13.75  
Berry Booster Smoothie  
Orange, Strawberries, Blueberries, Ice, Coconut Nectar

16 oz Berry Booster Smoothie \$8.75  
24 oz Berry Booster Smoothie \$11.25  
32 oz Berry Booster Smoothie \$13.75

Vanilla Nut Smoothie

Almond Milk, Peanut Butter, Ice, Banana, Protein Powder, Coconut Nectar

16 oz Vanilla Nut Smoothie \$8.75  
24 oz Vanilla Nut Smoothie \$11.25  
32 oz Vanilla Nut Smoothie \$13.75

Chocolate Nut Smoothie

Almond Milk, Peanut Butter, Ice, Banana, Protein Powder, Coconut Nectar

16 oz Chocolate Nut Smoothie \$8.75  
24 oz Chocolate Nut Smoothie \$11.25  
32 oz Chocolate Nut Smoothie \$13.75

Limited Edition Smoothies

Choice of Pina Colada, Carrot Cake, Matcha-Vanilla, Watermelon Dragonfruit, Kiwi Refresher

16 oz Limited Edition Smoothies \$8.75  
24 oz Limited Edition Smoothies \$11.25  
32 oz Limited Edition Smoothies \$13.75

Banana Berry Smoothie

Banana, Almond Butter, Blueberries, Almond Milk, Date Paste, Ice

16 oz Banana Berry Smoothie \$8.75  
24 oz Banana Berry Smoothie \$11.25  
32 oz Banana Berry Smoothie \$13.75

Orange Lover Smoothie

Orange Juice, Cashews, Mango, Ice, Coconut Nectar, Chia Seeds

16 oz Orange Lover Smoothie \$8.75  
24 oz Orange Lover Smoothie \$11.25  
32 oz Orange Lover Smoothie \$13.75

Strawberry Banana Smoothie

Strawberry, Banana, Coconut Nectar, Almond Milk, Ice

16 oz Strawberry Banana Smoothie \$8.75  
24 oz Strawberry Banana Smoothie \$11.25  
32 oz Strawberry Banana Smoothie \$13.75

S'mores Smoothie

Almond Milk, S'mores, Banana, Almond Butter, Date Syrup, Protein

16 oz S'mores Smoothie \$8.75  
24 oz S'mores Smoothie \$11.25  
32 oz S'mores Smoothie \$13.75

Toasted Marshmallow Smoothie

Almond Milk, Banana, Almond Butter, Date Syrup, Protein

16 oz Toasted Marshmallow Smoothie \$8.75  
24 oz Toasted Marshmallow Smoothie \$11.25  
32 oz Toasted Marshmallow Smoothie \$13.75

Wheatgrass Wellness Shot \$5.00

**Zoa Energy Infusion**

**24 Ounces**

Zoa Pineapple Coconut \$5.65  
Zoa Super Berry \$5.65  
Zoa Wild Orange \$5.65  
Zoa Tropical Punch \$5.65

*Pineapple*

16 oz Banana Mango Smoothie \$8.75

Almond Milk, Mango, Banana, Ice, Coconut Nectar

16 oz Strawberry Banana Smoothie \$8.75

Almond Milk, Strawberry, Banana, Ice, Coconut Nectar

16 oz Berry Booster Smoothie \$8.75

Orange Juice, Strawberries, Blueberries, Ice, Coconut Nectar

16 oz PB&J Smoothie \$8.75

Almond Milk, Banana, Strawberries, Peanut Butter, Ice, Coconut Nectar

Smoothie

## **Smoothie Bowls**

**16 oz**

Strawberry Shortcake Smoothie Bowl \$11.25

*Coconut milk, mango, strawberries, chia seeds, honey*

Nutty-Nana Smoothie Bowl \$11.25

*Banana, Peanut Butter, Coconut Nectar, Almond Milk, Ice*

Chocolate Heaven Smoothie Bowl \$11.25

*Banana, Cacao, Ice, Coconut Nectar, Almond Milk, Cacao Nibs*

Sweet Strawberry Smoothie Bowl \$11.25

*Banana, Strawberries, Almond Milk, Almond Butter*

Mango Dream Smoothie Bowl \$11.25

*Mango, Ice, Coconut Milk, Date Paste*

Acai Smoothie Bowl \$11.25

*Coconut milk, acai, banana, blueberries, strawberry, date syrup*

Island Life Smoothie Bowl \$11.25

*Coconut milk, mango, pineapple, cashews, date syrup*

Refresher Smoothie Bowl \$11.25

*Coconut milk, watermelon, dragonfruit, cashews, date syrup*