



731-336-7856

<http://www.takeout2unow.com>

The Salty Heifer Milan

Breakfast Bowls

Classic Bowl	\$6.55
<i>Choice of ham, bacon, or sausage, 2 scrambled eggs, and shredded cheese</i>	
Loaded Bowl	\$8.65
<i>Choice of ham, bacon, or sausage, 2 scrambled eggs, shredded cheese, fresh spinach, onion, mushrooms, and diced tomato for garnish.</i>	
Meat Mania Bowl	\$9.89
<i>Diced ham, bacon, and sausage, 3 scrambled eggs, and shredded cheese.</i>	

Breakfast Sandwich

Breakfast Sandwich	\$5.56
<i>Choice of bacon or sausage, egg, and sliced cheese on your choice bread.</i>	

Yogurt Parfait Breakfast

Yogurt Parfait	\$5.31
<i>starts with a base of Greek yogurt, fresh berries, and honey drizzle</i>	

Drinks

Coffee	\$0.93
Tea	\$2.22
Coke	\$2.46
Diet Coke	\$2.46
Sprite	\$2.46
Dr. Pepper	\$2.46
Diet Dr. Pepper	\$2.46
Pink Lemonade	\$2.46
Minute Maid Juice	\$2.84
<i>Apple & Orange - 12oz</i>	
Tum E Yummie 10 oz	\$2.46
Body Armor	\$3.08
<i>16 oz</i>	

Add Ons

Egg	\$1.84
Any Meat	\$2.46
Seasoned Potatoes	\$2.46
Buttered Toast	\$1.72
Cinnamon Toast	\$2.22
Granola	\$2.22
Cinnamon Roll	\$5.31

Sandwiches

choice half / whole sandwich comes with a pickle, potato chips or cup of soup, and mini dessert.

Chicken Avocado Sandwich	\$10.88
<i>Savory chicken and avocado blend on grilled whole wheat bun</i>	
Meatball Sandwich	\$11.13
<i>Meatballs smothered in the Head Heifer's signature marinara topped with provolone cheese on whole wheat bun</i>	
Classic Club Sandwich	\$12.37
<i>Turkey, ham, bacon, provolone, american cheese, lettuce, pickles, and tomato on toasted wheat bread. (Only available in whole)</i>	
Grilled Cheese Sandwich	\$7.42
<i>Three cheese explosion on buttered & toasted wheat bread.</i>	
Grilled Ham & Cheese	\$9.27
<i>The three cheese explosion with ham on buttered & toasted wheat bread</i>	
Soup of the Day	\$5.68
<i>Served with dessert cup</i>	
Old Fashioned Hamburger	\$11.13
<i>Includes homemade bun, pickles, lettuce, tomato, onions.</i>	
Reuben Sandwich	\$9.89
<i>Corned beef, sauerkraut, provolone cheese, thousand island dressing on rye bread.</i>	
Avocado Chicken & Bacon	\$14.60
Ranch Pita	
<i>We take our signature chicken avocado blend and pair it with bacon, colby jack cheese, tomato, and our homemade ranch all on our toasted pita bread.</i>	

Salads

Club Salad	\$12.74
<i>Green leaf and spring mix blend topped with ham, turkey, pickles, tomatoes, cheese, and bacon.</i>	
Grilled Chicken Salad	\$13.61
<i>Green leaf and spring mix blend topped with grilled chicken, tomatoes, cheese, bacon, and carrots.</i>	

Calves

PBJ	\$6.18
<i>Comes with chips, pickle, and a mini dessert.</i>	
Chicken Nuggets (6)	\$8.53
<i>Comes with chips, pickle, and a mini dessert.</i>	

Specialty Drinks

Latte	\$4.94
<i>Espresso, 2% milk, with assorted flavors available</i>	
Cappuccino	\$4.94
<i>Double espresso, 2% milk, with assorted flavors available.</i>	
Caramel Macchiato	\$5.26
<i>Espresso, 2% milk, pump of vanilla, and caramel drizzle</i>	
Mocha	\$5.26
<i>Espresso, 2% milk, mocha sauce, whip cream</i>	
Salted Caramel Mocha	\$6.50
<i>Espresso, 2% milk, mocha sauce, sea salt toffee nut, whip cream, caramel drizzle</i>	
White Chocolate Mocha	\$6.50
<i>Espresso, 2% milk, white chocolate sauce, whip cream, chocolate drizzle</i>	
Chai Latte	\$5.26

Weekly Special

Weekly Special	\$13.62
<i>Price and items subject to change.</i>	